

Wellness on Wheels

The Mayor of Glenarden's Health and Wellness Initiative
Comes to the Municipal Buildings Nutrition Center

The Nutritional Center needs were not being met. No support from the City Government



Daily Food
Services were
provided at
Lunch

*meals on
wheels*



Nutritional Daily Meals

With the help of the County bringing the Elderly to the Nutritional Center by Bus pick-up, it helped provide the service in one location for surrounding communities as well as Glenarden.

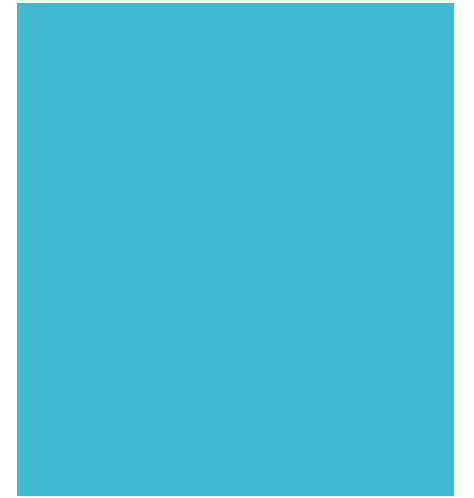


Lack of additional Human Services

Many of the elderly complained that the Nutritional Center did not have much more to offer.

The City Elected Officials were not engaged in the Centers activities.

The partnership with the County was losing its vision.



Mayor Estes presents
his vision for a health
and wellness initiative
for the
City of Glenarden



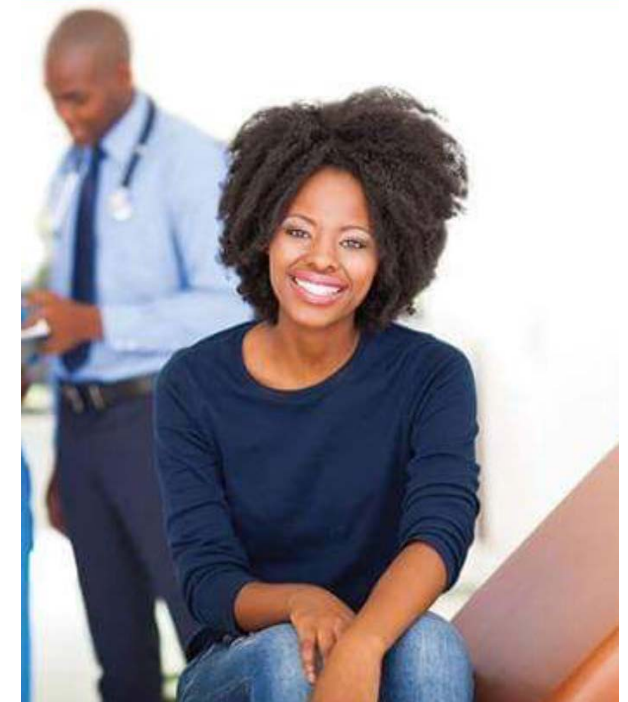


Doctors Community Hospitals Wellness on Wheels Program was introduced to the City Council and Residents

Doctors
Community
Hospitals
Wellness on
Wheels Program



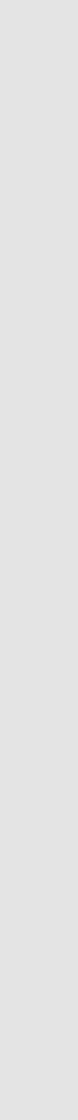
Doctors Community Hospitals Wellness on Wheels Program



Catalyst for a new thriving Nutrition Center



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W.O.W.


JOIN THE CITY OF GLENARDEN
January 30, 2018
10:00 a.m. – 4:00 p.m.

The City of Glenarden has created a partnership with the Doctors Community Hospital to sponsor the Wellness on Wheels (W.O.W.) Program which will be coming to 8600 Glenarden Parkway, Glenarden, MD 20706.

W.O.W. is a **FREE** mobile health clinic that travels to help you maintain and improve your health. This mobile health clinic provides a wide range of services to people ages 18 and older:

- ✓ Diabetes screenings
- ✓ Cholesterol screenings
- ✓ Blood pressure screenings
- ✓ Medication reviews and education

 **The City of Glenarden** offers these programs as a part of the Health and Wellness Initiatives and more to come!!! Please visit our **Senior Nutrition Center** Monday – Friday from 9:00 a.m. – 2:00 p.m. located at 8600 Glenarden Parkway, Glenarden, MD 20706. For more information please contact the Executive Assistant at **301-773-2100 x 713.**

 **DOCTORS
COMMUNITY
HOSPITAL**